



PEDIATRIC HOME HEALTH DEVELOPMENTAL CHART

The purpose of this checklist is to educate parents and caregivers on the typical development of a growing child. Each child reaches milestones at their own pace and a minor delay or setback is not a major concern; the concern is when those delays are consistent or there are multiple delays.

This checklist is not, and should not be used, to diagnose a child as having developmental delays, but can allow you to make a determination if you should speak with a healthcare professional or if further testing may be necessary.

It may be helpful to place the checklist in an accessible area and check for different items throughout the week to get a more thorough view of your child's abilities. Prior to going through the checklist there are questions which can also be pertinent to your child's development, please answer them appropriately.

Does your child bear weight through legs when assisted? _____

Is your child able to hold head up when in sitting or being carried? _____

Is your child able to change positions without help? _____

Does your child grasp and hold objects? _____



**PEDIATRIC HOME HEALTH
DEVELOPMENTAL CHART**

At 12 months

Gross motor skills

- Balances well on hands and knees
- Gets to sit independently
- Pulls to stand consistently at furniture
- Stands momentarily
- Crawls on hands and knees consistently
- Walks with both hands held

Fine motor skills

- Bangs two cubes held in hand
- Takes objects out of container
- Releases objects voluntarily
- Pokes with index finger
- Tries to imitate scribble

Language skills

- Says *dada* or *mama* nonspecifically
- Babbles with inflection similar to adult
- Babbles single consonant
- Babbles monologue when left alone

At 15 months

Gross motor skills

- Stoops and recovers
- Assumes and maintains kneeling
- Falls by sitting
- Transitions from belly to hands and knees into standing
- Walks without support
- Walks sideways

Fine motor skills

- Puts many objects into container without removing any
- Marks paper with crayon

Language skills

- Shows understanding of words by appropriate behavior or gesture
- Babbles in response to human voice
- Says *dada* or *mama* specifically
- Uses single word sentences
- Greet with verbal cues

At 18 months

Gross motor skills

- Runs- hurried walk
- Able to balance in standing
- Walks into large ball while trying to kick it
- Throws ball forward
- Pulls toys behind while walking
- Begins to carry large toys while walking
- Begins to push and pull large toys or boxes

Fine motor skills

- Uses both hands at midline for play
- Builds tower using 3 cubes
- Points with index finger

Language skills

- Babbles intricate inflection
- Gestures spontaneously to indicate needs
- Names one or two familiar objects
- Uses 10-15 words spontaneously
- Vocalizes wishes and needs at the table
- Attempts to sing sounds to music



If you have concerns with your child's motor development please contact us for a phone consultation. During the phone consultation we will gather as much information and may ask the results of the checklist. If we determine that your child is a candidate for a Physical/ Occupational/ Speech Therapy Evaluation and you are in agreement we will assist with contacting your primary care physician.

When contacting your physician we will request an order for the appropriate evaluation and explain your concerns along with the results of the phone consultation. Once we receive the signed order we can initiate treatment with your child.

You can also go directly to your physician and discuss your concerns and request an evaluation at that time.

We look forward to assisting your child reach their maximal potential. Our goal is to work as a team to develop the most appropriate treatment plan.